



Clockwise from top, Enjoy a massage at Spa Bellagio; Sparkle with a Crystal Body Art treatment at Qua Bath and Spa; Soothe your eyes at Spa Bellagio; Cool off in the Arctic Ice Room at Qua Bath and Spa; Men enjoy Spa Bellagio too; Take a dip in the plunge pool at Nurture; Open your pores at Spa Bellagio; and customize your own pedicure at Canyon Ranch Spa Club.

Photos courtesy MGM Mirage; Caesars; and Venetian/ Palazzo

Summer at the spa

Escape the sun and check into the spa for a perfect summer treat

BY JEANNIE BORBE
Vegas.com

Sun, sand and surf – throw in a few Coronas or the perfectly mixed Mojito and you have the ultimate recipe for a Las Vegas summer spa treatment.

As temperatures creep into the 100s, spas on the Strip are providing themed services that offer all your favorite tastes and smells of summer without any of the hassle.

“Many people come to Las Vegas to experience some sort of escape,” said Deeba Haq, spa manager at New York - New York. “While many of our visitors have a real beach to escape to, we love that we were able to bottle that refreshing, tranquil aroma and pair it with a remarkably relaxing treatment of their choice — something you won’t find at a real beach.”

Bottling the beach

Too often your perfect summer beach excursion can be ruined by traffic, noisy kids, rotting kelp and let’s not mention the guy shaped like Santa Claus wearing

the itty-bitty Speedo swimsuit.

Las Vegas spas have managed to bypass the problems and instead distill the best of a beach vacation into a variety of 30 or 50-minute services that also include take-home items so the vacation experience continues on for days.

According to Tammi Furce, spa director at Spa Bellagio, summer-inspired body wraps are perfect for the desert weather.

“These are very nourishing treatments especially for people who live in a dry climate,” she explained. “[These] services are delicious and exfoliate the skin to create a silky smooth, summer glow.”

At Spa Bellagio try the 50-minute Tropical Twist Fruit Yogurt Wrap. Blending the scents of mango and passion fruit, the service includes an exfoliation and a refreshing wrap, resulting in skin that’s healthy and youthful. After a quick shower, a rich body balm helps firm, tone and protect.

At New York - New York they have managed to bottle the best smells of summer.

“Our Summer Breeze scent could be described as clean and refreshing, with a hint of paradise,” said Haq. “The aroma smells like a warm, sunny, breezy day on your favorite beach.”

Enjoy New York - New York’s Summer Breeze Soak & Glow, massage, body polish or pedicure and you’ll receive a complimentary Summer Breeze body spray to take home.

The Spa at Trump also captures the aroma of summer with their Beach Breeze treatments.

“[This] includes a beautiful blend of island scents to transport you to your favorite beach,” said Colleen Stiritz, spa director at the Spa at Trump. “All of our Beach Breeze treatments include our Jamu Coconilla aromatherapy, which smells like a beach in a bottle.”

In addition to the Coconilla massage, body scrub and manicure, you’ll receive

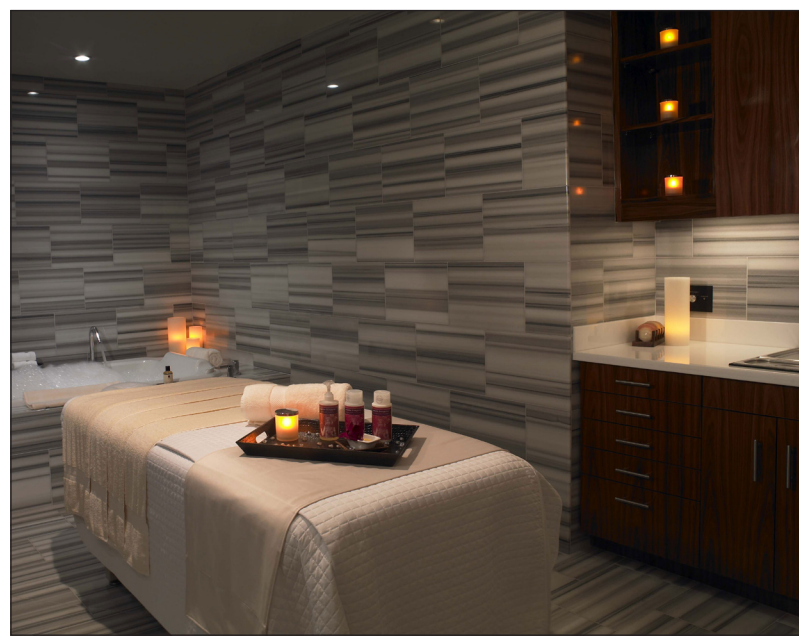


Photo courtesy Trump Hotel Las Vegas

Bottle the smell of the beach at the Spa at Trump, (treatment room pictured above), which is offering a Beach Breeze treatment.

an eco-friendly bamboo beach bag.

Happy hour at the spa

Not content to just evoke the smells of summer, Las Vegas spas haven’t forgotten that other favorite summer pastime – drinking.

“When we sat down to create our summer treatments, we thought about what are our favorite things to do in the summer,” said Sparkle Drebert, spa and salon manager at the Rio. “The conclusion was nothing is better than relaxing by the pool with a cold refreshing cocktail. What says summer better than an ice cold Corona or a refreshing Mojito?”

Rio’s spa and salon offers both a Corona facial and the Mojito pedicure. Drebert said the facial firms, hydrates, and smoothes the skin while the pedicure rejuvenates, moisturizes and refreshes your feet so they are sandal ready.

Drebert noted during both of these treatments, spa therapists use tropical lime-flavored products from Bupalina that are manufactured right here in Las Vegas.

“The aroma is amazing and makes

you a little thirsty,” she added.

In the spirit of libation-inspired treatments, Nurture Spa at the Luxor offers The Tequila Lime package. This service includes a 25-minute facial, 25-minute body scrub and 25-minute massage, all enhanced with the intoxicating aroma of tequila and lime.

“Our inspiration for the Tequila Lime spa package is summer,” said Trish Mittlestadt, director at Nurture Spa. “What says summer in Vegas more than a refreshing margarita?”

“As for physical benefits,” she continued, “It is always great to get a scrub to revive your skin. The agave peel and mask we use in the facial also leaves the skin looking refreshed.”

According to Mittlestadt, the scent used in this service isn’t overpowering but intoxicating: “You’ll want to ‘drink’ it up!” she said. “I think some people will be tempted to have a margarita after this aromatic experience.”

If you’re ready to treat your hair to happy hour, try the Hairtinis at Kim Vo Salon. These fun formulas are mixed by hand and presented to you in a cocktail glass. They smell so good, you might actually be tempted to take a sip,

but save them for your hair.

The Mojito Hairtini transforms your mane into a surprisingly soft texture by combining rum, avocado oil, lemon oil and a creamy conditioner. To achieve the smoothest look possible, your stylist seats you under one of the hair dryers to activate the conditioner before rinsing it out. While your hair drinks down its cocktail you can relax and enjoy champagne, water or any other beverage of your choice.

Capturing the summer sky

To capture the sunny days and starry nights of summer, spas are rolling out a variety of skin treatments all designed to have you glowing.

At WET - The Spa at TI, the Golden Goddess service features a golden scrub, wrap and massage. For the final touch, you are sprinkled with 24-karat gold dust, creating the perfect sun-kissed glow before heading out for your stylish Vegas evening.

For those who prefer to sparkle like a summer night, one of the trendiest spa services is the Swarovski crystal body art treatment at Caesars Palace’s Qua Baths and Spa.

“This is a very popular treatment with ladies on their bachelorette party nights or just going out to the club and want the ultimate, personal accessory,” said Chrystal King, spa director at Qua Baths and Spa. “They are catchy to the eye and help bring the focus [to] the body.”

The service includes a Vichy shower rinse, a signature Qua exfoliating scrub and a light lotion application. Then, it’s off to the exquisite Qua crystal body art room where you’ll get to choose the location and style of your Swarovski body art.

“Our artists will make your body sparkle,” said King.

King added that men also get this use the crystal body art to enhance tattoos. The service lasts for three to five days.

From enticing summery services to personalized crystal tattoos, manicures and pedicures, indulging in a Vegas spa trip is the perfect summer treat.

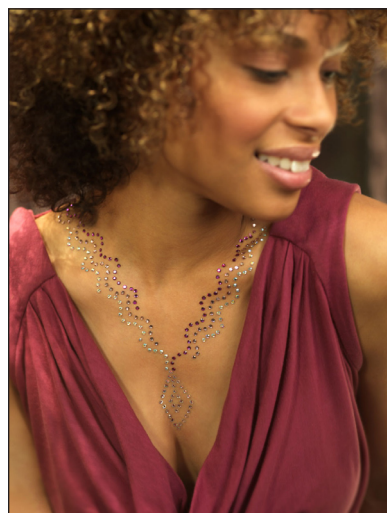


Photo courtesy Caesars Palace
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